



COMMUNITY  
REACH  
CENTER



# ANNUAL REPORT

2018

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I wanted to express my sincere gratitude for my recent stay at the Crisis Stabilization Unit in Westminster. They handed me a flashlight in my tunnel of darkness and I did the work to turn it on.  
Thank you, you helped save my life.

~CRC Client



# Dear Friends and Supporters,

In 2014, slightly more than half of Americans ages 12 and up reported they consume alcohol. Most would be described as moderate drinkers. But for nearly one in 10, their substance use has evolved into a disorder, meaning that it is negatively impacting their health, their ability to tend to daily responsibilities and their personal relationships.

In 2017, Colorado reported more than 1,000 drug overdose deaths and 558 were related to opioids or heroin. That represents a 100 percent increase compared to 2016. Nationally, the cumulative cost of substance use disorder is estimated to be \$504 billion a year. More than one in four adults living with serious mental health conditions also has a substance use problem.

Old attitudes about addictions were largely based on the belief that addiction resulted from moral weakness and that recovery could be achieved simply by willpower and self-discipline. We now recognize substance use disorder as a chronic disease that changes both brain structure and function. A study published by Harvard Medical School captured it best, stating that, "Just as cardiovascular disease damages the heart and diabetes impairs the pancreas, addiction hijacks the brain."

Community Reach Center's 2018 Annual Report highlights our new comprehensive continuum of care for the treatment of substance use disorder that includes withdrawal management services in a social detox setting, intensive residential treatment, outpatient services, medication assisted treatment and psychoeducation aimed at providing people with the tools to manage their cravings while adopting healthy coping strategies. The Community Reach Center team is honored to guide tens of thousands of clients toward their individual paths to recovery and wellness each year.

Sincerely,

**Rick Doucet**  
Chief Executive Officer

**The Hon. John Popovich**  
President,  
Systems Board

**John Parker**  
President,  
Foundation Board



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# Withdrawal Management Services



**Community Reach Center provides the only monitored, safe and supportive withdrawal management service in a social detox setting in Adams County.**

Individualized interventions and after-care supports provide health and wellness education, recovery strategies, coaching and referrals to appropriate treatment, based on individual need. Once discharged, many clients are referred to **Community Reach Center's Margaret Carpenter Center** for intensive residential treatment. More are referred to intensive outpatient programming, including individual and group therapy, case management, peer support, psychiatric care and a wide variety of other services to support recovery.

The facility operates **24/7/365** and employs a multi-disciplinary staff who specialize in substance use services to assist people in what is often the first step in their recovery process.

## **Staffing**

- Masters-level Therapists
- Certified Addictions Counselors
- Addiction Technicians
- Case Managers



Highlight's Continued

# Intensive Residential Treatment for Substance Use Disorder



## Accommodations and Amenities

- 20 single and multiple-occupancy bedrooms with ensuite bathrooms
- Nutritious meals served in a communal dining room
- Indoor fitness center to support holistic programming
- Spacious group therapy rooms

Community Reach Center opened the Margaret Carpenter Center in 2018 to meet the need for substance use disorder treatment in Adams County and the surrounding regions, when Arapahoe House closed its doors in late 2017. The newly remodeled 43,000-square-foot facility currently provides intensive residential treatment and medication assisted treatment.

Community Reach Center's Intensive Residential Treatment for Substance Use Disorder (IRT for SUD) is an effective level of care for men and women dually diagnosed with a mental health challenge and SUD who have been prescribed this higher level of care as the best treatment course to support recovery.

## Services

- Evidence-based individual and group therapy
- Case management
- Medication management and nursing services
- Recreational activities

## Staffing

- Medical Providers
- Nurses
- Masters-level Therapists
- Certified Addiction Counselors
- Addiction Technicians



Highlight's Continued

# Medication Assisted Treatment (MAT) for Substance Use Disorder



Medication Assisted Treatment (MAT) is for people 18 years of age and older diagnosed with an alcohol or opioid use disorder. MAT combines behavioral therapy and medications to treat substance use disorders. Medications commonly prescribed are Naltrexone (Vivitrol) and Buprenorphine (Suboxone). Basically, the medications normalize brain chemistry, block the euphoric effects of alcohol and opioids, relieve physiological cravings and normalize body functions.

## Services

- Evidence-based individual and group therapy
- Medication management and nursing services
- Case management

A common misconception associated with MAT is that it substitutes one drug for another. Actually, these medications relieve withdrawal symptoms and psychological cravings and do not produce a “high.” Research shows that when administered at the proper dose, MAT medications have no adverse effects on a person’s mental capability, physical functioning or employability.

## Staffing

- Nurses
- Masters-level Therapists specializing in substance use counseling
- Case Managers
- Physicians



## Treatment Plan

Client and therapist work together to identify treatment goals and develop a treatment plan that maps a path to achieving them. The treatment plan is reviewed regularly to ensure that clients are receiving all services indicated in the plan.

This treatment approach has been shown to:

- Increase client’s engagement in treatment
- Decrease criminal activity among clients with substance use disorders
- Increase client’s ability to gain and maintain employment
- Improve birth outcomes among pregnant women who have substance use disorders

Highlight's Continued

# Narcan Protocol



2018 marked the launch of the Naloxone (Narcan) protocol at Community Reach Center. Narcan is a medication used to rapidly reverse opioid overdose by binding to opioid receptors in the brain, essentially knocking the opioid from the receptor. It quickly restores normal respiration to a person whose breathing has slowed or stopped as a result of overdosing with heroin or opioid pain medications.

Deaths from overdose of opioids more than tripled in the U.S. from 2000 to 2014. According to the Tri-County Health Department, 343 overdose deaths were attributed to opioids, heroin and fentanyl in Adams County between 2013 and 2017. Although many oppose public access to Narcan based on concerns that it may enable abuse of heroin and other opioids, research has not validated those concerns. The medical community widely supports making Narcan more easily available, because it saves lives. Narcan can be purchased over the counter without a prescription and is fully covered by Medicaid programs in Colorado.

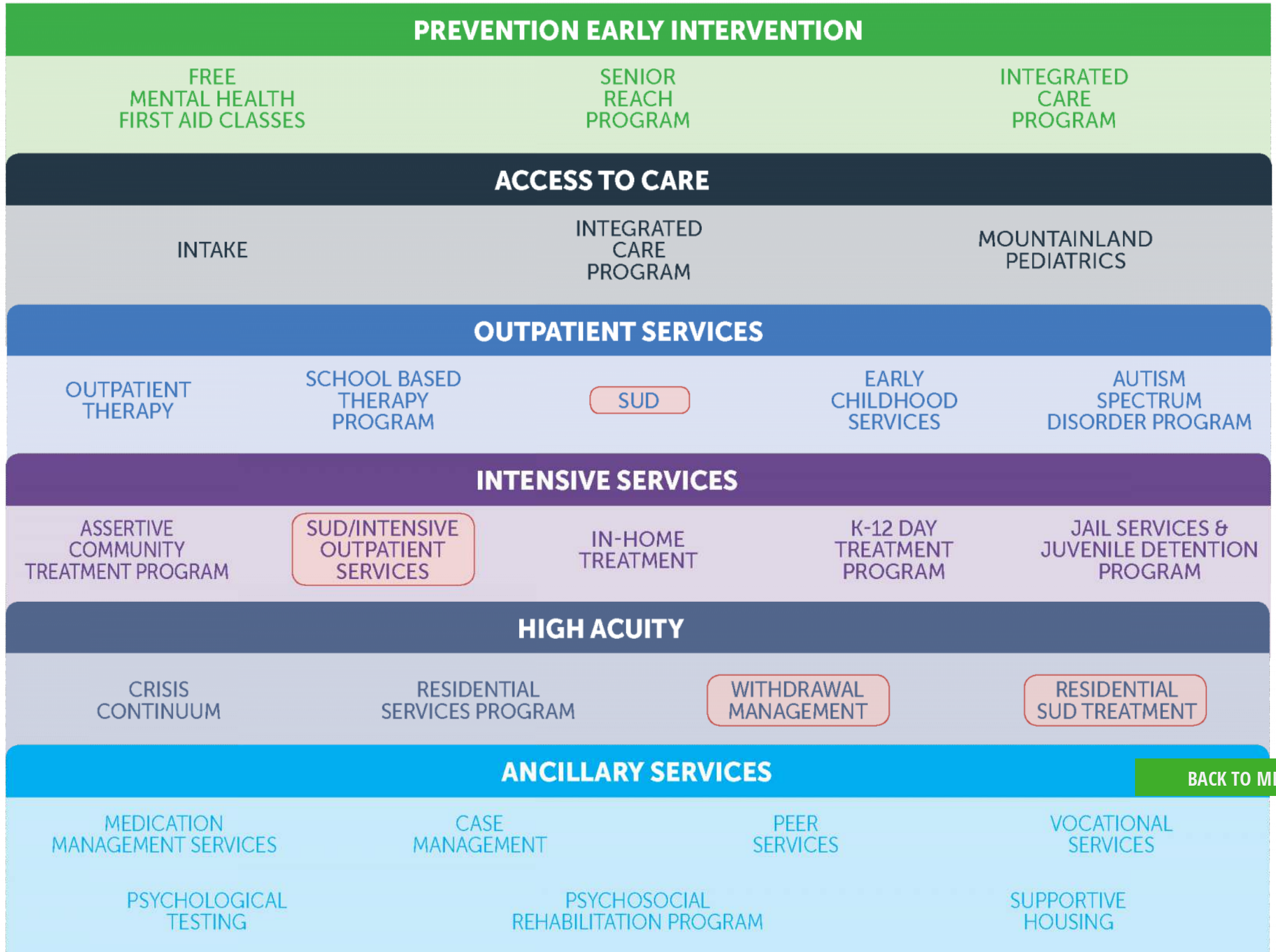
Community Reach Center's nursing team provides training on how to administer Narcan for all staff on Withdrawal Management Services, Medication Assisted Treatment and Intensive Residential Treatment teams and family members of clients served by those teams.



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## SERVICES ACROSS THE CARE CONTINUUM

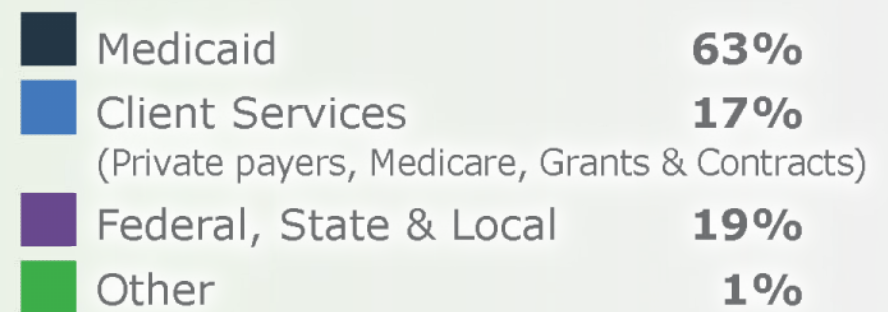
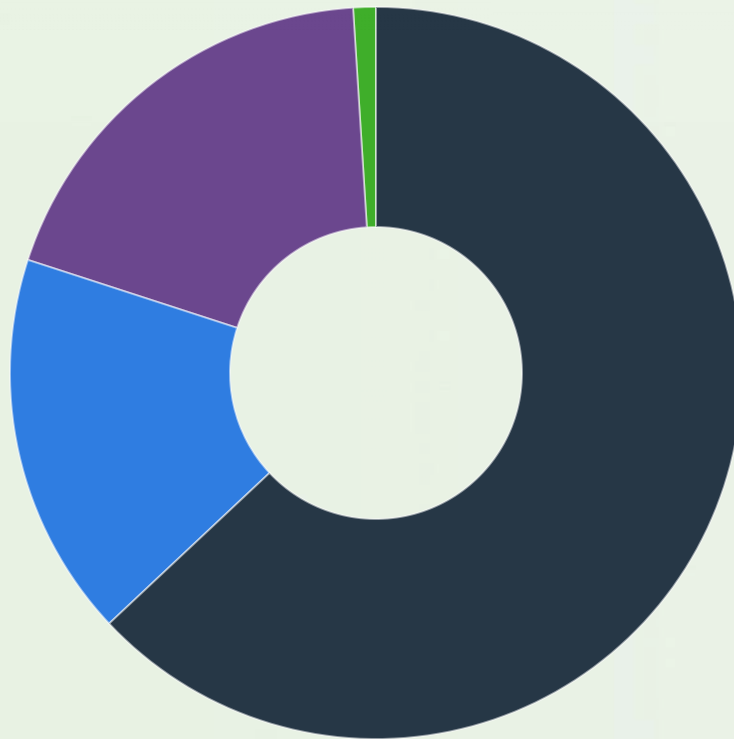
SUBSTANCE USE DISORDER (SUD)



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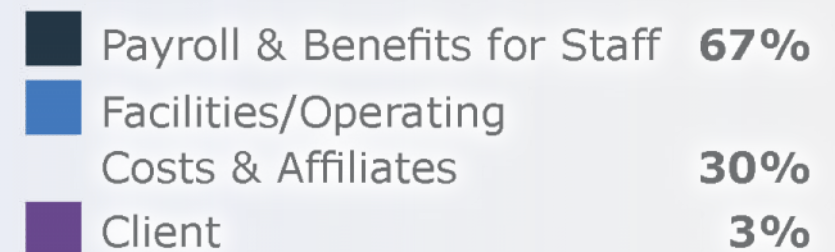
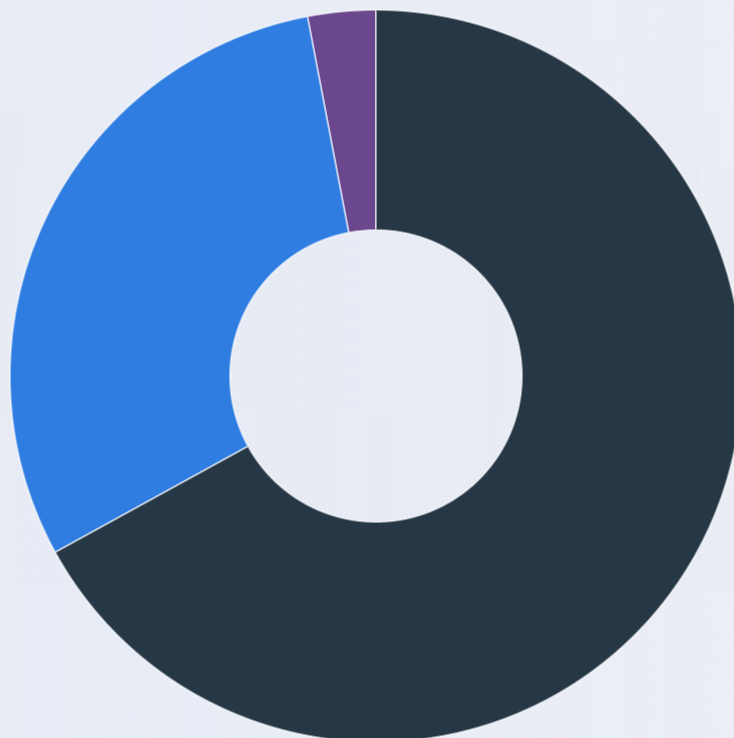
# FY 2018 Financials & Demographics

**REVENUE**  
**\$45,268,540**



Total revenue includes support provided by Adams County & the City of Westminster.

**EXPENSES**  
**\$44,968,758**



DEMOGRAPHICS

Community Reach Center provided **\$2.5 million** in charitable care for individuals unable to pay for services.

# Served 22,605 unduplicated consumers in FY2018

8,493  
YOUTH

13,236  
ADULTS

876  
SENIORS

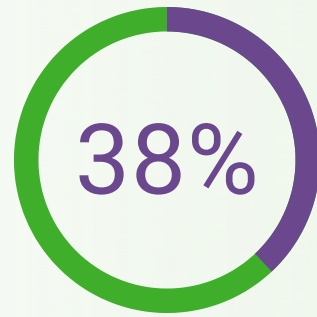
53%

MEN

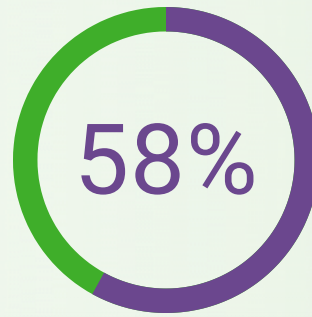
WOMEN

47%

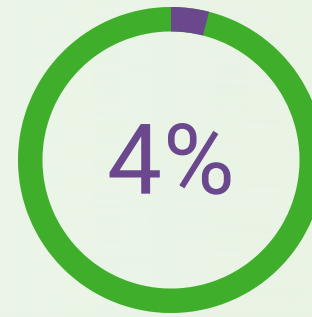
## AGE



YOUTH (0-17)

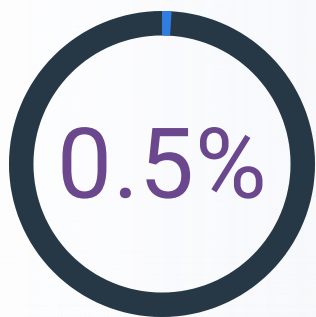


ADULT (18-59)

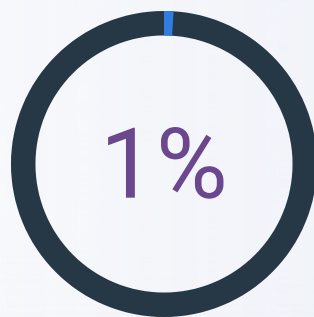


SENIOR (60+)

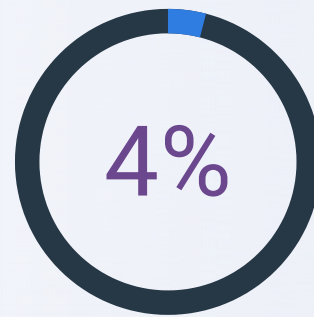
## RACE (Totals more than 100% as people may indicate multiple races)



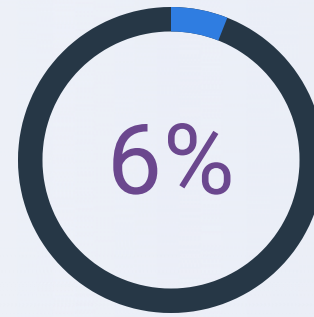
NATIVE  
HAWAIIAN



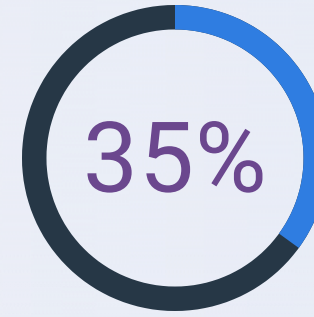
ASIAN



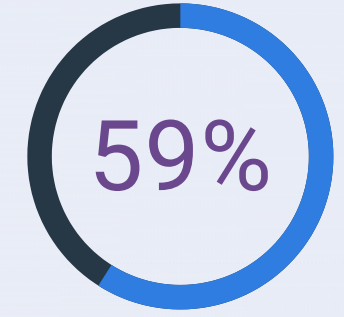
BLACK/AFRICAN  
AMERICAN



AMERICAN  
INDIAN

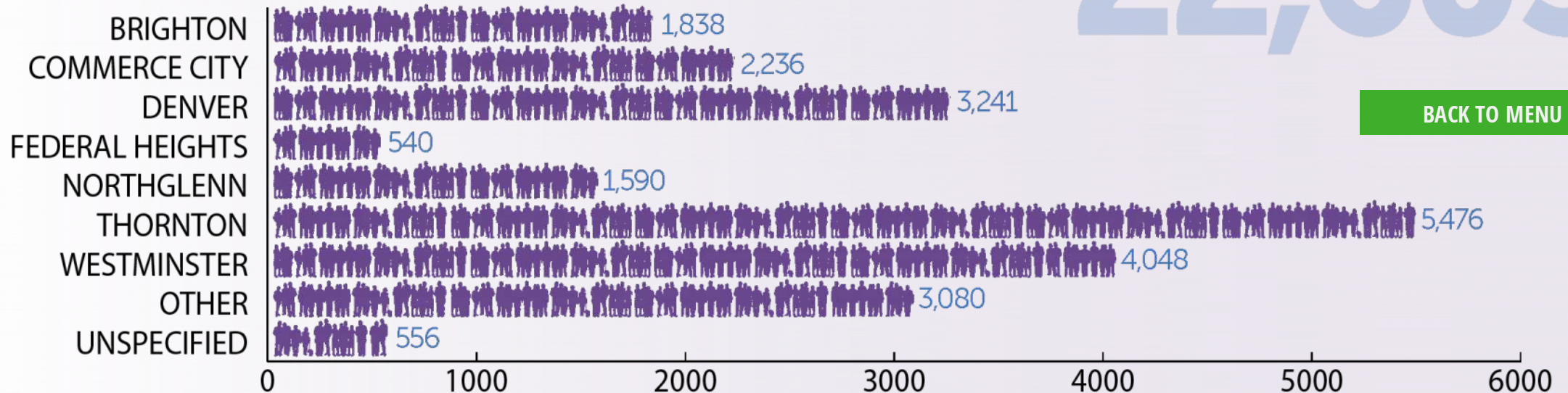


HISPANIC



WHITE

## NUMBER OF CONSUMERS SERVED PER MUNICIPALITY



# Leadership Team

**Rick Doucet, MA**  
Chief Executive Officer



**Clay Cunningham, MS, LPC**  
Chief Operations Officer



**Christi Mecillas, BS**  
Chief Financial Officer



**Werner Hoellerbauer, PhD**  
Chief Information Officer



**Adam Bean, JD**  
Chief Legal Officer



**Linda Hamaker, MBA**  
Chief Administrative Officer

## Chief Officers

**Ryan Conner, DO**  
Chief Medical Officer



**Abigail Tucker, PSYD, LP**  
Chief Clinical Officer



**Jill Atkinson, PhD, LP**  
Integrated Care



## Directors



**Amelia Bumgarner, MS, LPC**  
Resiliency & Support Services



**Candice Leimkuhler, MS, LPC**  
Collaborative Community Services



**Heather Thompson, RN**  
Nursing Services

**Mark Osvirk, BA**  
Facilities, Food Services & Transportation



**Brian Wong, PHR, SHRM-CP**  
Human Resources



**Andrea Turk, MA, LPC, CACIII**  
Recovery & Transition Services



**Lori Pereira, MA, LPC**  
Quality Assurance & Compliance



**Starr Wedemeyer, MD**  
Mountainland Pediatrics



**Lauren Jassil, MSW, LCSW**  
Outpatient Services

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# Board of Directors

## **SHERYL BAIN**

North Denver Animal Clinic  
*Treasurer, Systems and  
Mountainland Pediatrics Boards*  
Member, Foundation Board  
Secretary, Coronado Board

## **DONALD CASSATA, PhD**

Retired, Former Executive Director  
of Adams County Social Services  
Member, Systems and  
*Mountainland Pediatrics Boards*

## **PATRICK DAY**

The Day Agency for American  
National Insurance  
Member, Systems and  
*Mountainland Pediatrics Boards*

## **CHRIS FIEDLER, PhD**

School District 27J  
Member, Foundation Board

## **LIZ FUSELIER**

AXA Advisors  
Member, Systems and  
*Mountainland Pediatrics Boards*  
Treasurer, Foundation Board

## **MARGE GALLEGOS**

Retired, Denver Public Schools  
Member, Systems, Mountainland  
*Pediatrics, Coronado and  
Foundation Boards*

## **MICHELE HANEY, PhD**

President, Red Rocks  
Community College  
Member, Systems and  
*Mountainland Pediatrics Boards*

## **BRAD HARVEY**

President & CEO,  
Horizons North Credit Union  
Member, Systems, Mountainland  
*Pediatrics and Foundation Boards*  
Treasurer, Coronado Board

## **DEB HAVILAND**

Retired, Community Reach Center  
Member, Systems and  
*Mountainland Pediatrics Boards*

## **PATRICK LYNCH**

Patrick Lynch Financial  
Member, Foundation Board

## **MICHAEL MCINTOSH**

Former Sheriff, Adams County  
Sheriff's Office  
Member, Systems and  
*Mountainland Pediatrics Boards*

## **JOHN PARKER**

CEO, United Power, Inc.  
President, Foundation Board

## **THE HONORABLE JOHN POPOVICH**

Retired, District Court Judge,  
17th Judicial District  
President, Systems and  
*Mountainland Pediatrics Boards*

## **CONNIE RISOLI**

White Mountain Art  
Member, Coronado Board

## **PAUL SISKA**

Retired Undersheriff, Adams County  
Sheriff's Office  
Member, Systems and  
*Mountainland Pediatrics Boards*  
President, Coronado Board

## **NANCY SNEATH**

HIM Director, FPO,  
North Suburban Medical Center  
Member, Systems and  
*Mountainland Pediatrics Boards*

## **STEVE SWENSEN**

Retired, FirstBank  
Vice President, Foundation Board

## **BRUCE VEZINA**

State Farm Insurance Agent  
Member, Systems, Mountainland  
*Pediatrics, Foundation and  
Coronado Boards*

## **SUSAN WEBBER**

Keller Williams Preferred Realty  
Secretary, Systems and  
*Mountainland Pediatrics Boards*

## **MARY ANN WISEHART**

Retired, Lucent Technologies, Inc.  
Vice President, Systems and  
*Mountainland Pediatrics Boards*  
Secretary, Foundation Board  
Member, Coronado Board

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# FY 2018 Donors

We are pleased to honor the following people  
and organizations who generously contributed this year!

## \$1,000 to \$5,000

20/20 Tax Resolution, Inc.  
Adams 12 Five Star Schools  
Adams County Commissioners  
Adams County Sheriff's Office  
Allied Recycled Aggregates  
Aurora Mental Health Center  
Behavioral Healthcare, Inc  
Bimbo Bakeries USA  
Butterfly Pavilion  
Charity Golf International  
Cigna  
City of Brighton

City of Commerce City  
COBiz Bank  
Dominion Diagnostics  
EON Office  
Genoa Healthcare  
Good Samaritan Medical Center  
Horizons North Credit Union  
Hyland Hills Park  
and Recreation District  
IMA, Inc.  
Lewan Technology  
Netsmart

Owl Creek Medical  
Policy Matters, LLC  
Salud Family Health Centers  
School District 27J  
St. Anthony North Health Campus  
Stout Street Foundation  
TBK Bank  
United Power, Inc.  
Valley Bank and Trust  
Vista Management Association, Inc.

## \$500 to \$999

Brightview Landscaping Services  
Dr. Don Cassata  
Ciancio Ciancio Brown, P.C.  
EMC  
Innovest Portfolio Solutions, LLC  
John Elway Chevrolet  
North Valley Bank

Red Rocks Community College Foundation  
State Farm Companies Foundation  
The Players Club  
Vacuum Technologies  
Jeff Wilson  
Mary Ann Wisehart

## \$100 to \$499

William Bone  
Dante Carbone  
Wendy Carter  
Church of the Beloved  
Cynthia Dascher  
Vicki Esposito  
Jack Ethredge  
Marge Gallegos  
Lou Garone  
Dr. Michele Haney

Lindy Lewis  
John Lohmeier  
Karmen MacKendrick  
Sharon Maybee  
Mountain View Bank of Commerce  
Peter Mustian  
John Parker  
Pollard Jeep  
Zoe Reese  
Tirshana Regmi

Gloria Rudden  
Nancy Sneath  
Patricia Soderberg  
Kathleen Soltow  
Shelly Spalding  
Steve Swensen  
Elizabeth Wachtl  
Susan Webber  
Sharon Whitehair

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# Events



## Mary Ciancio Memorial Distinguished Service Awards Dinner

The 2018 Mary Ciancio Memorial Distinguished Service Award was presented to **Nancy McNally** on April 10, in recognition of extraordinary volunteer work with the Westminster Citizen Police Academy and Citizen Fire Academy. **Commerce City Rotary Club** garnered the 2018 Marjory Ball Mental Health Advocacy Award, honoring its sustained efforts toward reducing stigma and raising awareness around mental health challenges.

## Reach for the Green Golf Tournament

On September 11, **\$58,147** was raised to help fund supportive mental health services for uninsured and underinsured individuals in Adams County.



## Mental Health First Aid (MHFA) Veterans and Military Training

Community Reach Center certified **30** individuals in the Mental Health First Aid (MHFA) Veterans and Military Module on October 25 at the Bison Ridge Recreation Center in Commerce City. A resource fair was held in conjunction with the MHFA training featuring 20 exhibitors who provided resources pertinent to service members and those who support them. In 2018, Community Reach Center's MHFA Training Team certified a total of 555 people in the Adult, Youth, Veterans, Public Safety and Older Adults modules.

Community Reach Center thanks Commerce City Rotary Club's Mental Health Initiative Task Force for its generous sponsorship of this event.



## 2018 Legislative Breakfast

Community Reach Center CEO Rick Doucet shared perspectives on support for safety-net services at the Annual Legislative Breakfast November 28 at the Marriott Westminster, which was attended by community leaders, legislators and public officials.

Staff shared highlights of Community Reach Center programs focused on prevention and early intervention, including successful efforts to reduce expulsions from preschool programs and day care centers, and school-based services that provide immediate assessment and treatment for Adams County students when struggles first emerge.



## Margaret Carpenter Center Open House

June 26 marked the grand opening of the Margaret Carpenter Center in Thornton, home of Intensive Residential Treatment and Medication Assisted Treatment programs.



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## OUR MISSION

"To enhance the health of our community"

### VALUES

We embrace and **RESPECT** the **DIVERSITY** of our **COMMUNITY**.

We create a **SAFE** environment that encourages **INNOVATION**.

We focus on building lasting **RELATIONSHIPS**, **EXCELLENCE** and **COMPASSION**.

We demonstrate good **STEWARDSHIP** and **GRATITUDE**.

To all the people at the Community Reach Center.  
When we were little kids the apple tree in the back yard  
was our only safe place. You are our apple trees now.

Thank you a lot!

~CRC Client

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## VISION

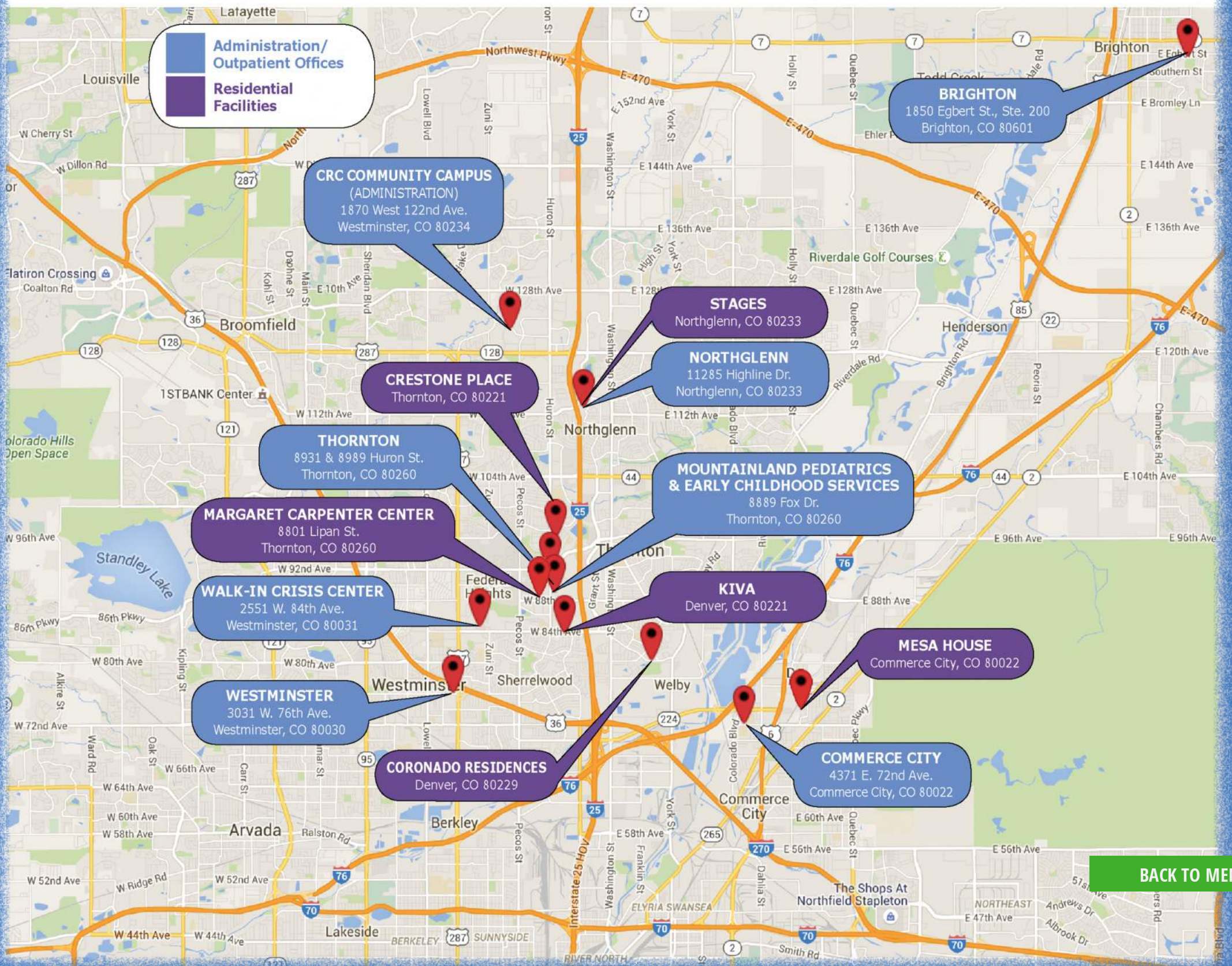
Through the passion and training of our employees, unwavering commitment to evidenced-based practices, advanced technology, collaboration with community partners and provision of services in locations that are most convenient to access, we will provide the quality of mental and physical health services that enhances the lives of our clients and the well-being of our communities.

# Community Reach Center

## Outpatient Offices & Residential Facilities

Community Reach Center is a top-tier non-profit behavioral health and wellness provider established in 1957 that serves people of all ages at seven outpatient offices and more than 100 community-based sites throughout Adams County, Colorado.

Visit [CommunityReachCenter.org](http://CommunityReachCenter.org) for information about our complete continuum of care.



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# Locations

## **BRIGHTON OUTPATIENT & INTAKE**

1850 E. Egbert St., Ste. 200  
Brighton, CO 80601

## **CENTER FOR WITHDRAWAL MANAGEMENT**

7373 Birch St.  
Commerce City, CO 80022

## **COMMERCE CITY OUTPATIENT & HEALTH HOME**

4371 E. 72nd Ave.  
Commerce City, CO 80022

## **ADMINISTRATION**

1870 W. 122nd Ave., Ste. 100  
Westminster, CO 80234

## **EARLY CHILDHOOD SERVICES**

8889 Fox Dr., Ste. B  
Thornton, CO 80260

## **MARGARET CARPENTER CENTER**

8801 Lipan St.  
Thornton, CO 80260

## **MOUNTAINLAND PEDIATRICS**

8889 Fox Dr., Ste. A  
Thornton, CO 80260

## **NORTHGLENN OUTPATIENT**

11285 Highline Dr.  
Northglenn, CO 80233

## **THORNTON CENTRAL INTAKE**

8989 Huron St.  
Thornton, CO 80260

## **THORNTON OUTPATIENT**

8931 Huron St.  
Thornton, CO 80260

## **WESTMINSTER OUTPATIENT**

3031 W. 76th Ave.  
Westminster, CO 80030

## **WALK-IN CRISIS CENTER**

2551 W. 84th Ave., Ste. 2  
Westminster, CO 80031



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**303.853.3500**

[www.CommunityReachCenter.org](http://www.CommunityReachCenter.org)